

All-Brite Update

Electrical construction and maintenance services throughout Connecticut

Spring 2021

Fairfield, Connecticut

Prefabrication Ensures On-Time Completion Of Sacred Heart University Project



Left: All-Brite Electric recently completed the second major project in two years at Sacred Heart University in Fairfield, CT. Right: Foreman Armin Serifoski utilized the All-Brite prefab shop to construct all the electrical panels for the project.

The Sacred Heart University South Parking Garage is the second major project All-Brite Electric has completed for the University in the last two years. We partnered with Consigli Construction and the design team at Rose Tiso & Musco Engineering to deliver the project on-time, despite a compressed construction schedule.

The All-Brite team installed a 200A 480V service, more than 350 light fixtures and poles, conduit for wireless access points, and numerous cameras. With minimal time to work on-site due to the construction of the concrete plank structure, prefabrication was critical for us to meet the project deadline.

Foreman Armin Serifoski built out the entire electrical room in the All-Brite prefab shop. The panels and transformers were then

disassembled into shippable sections, packaged, and shipped to the site, decreasing the field install time by 75%. We were also able to prefab all the interior light fixtures and light poles prior to being on-site.

With the tight schedule and the need to be open for the start of classes, we knew this would be a challenging project. The All-Brite team was glad to be involved and to provide a valued customer with another great addition to their campus.

Use the QR code to the right to see a video of the Sacred Heart University gospel choir perform in the new garage.



ALL-BRITE ELECTRIC, INC.

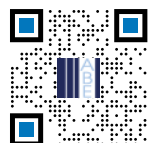
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Speaking Our Language

Dogs understand words at the level of a 14-month-old child, a recent study has found. According to the *Science Focus* website, scientists in Budapest studied brain activity in dogs using electroencephalography, playing recordings of words the dogs knew, along with similar-sounding words and nonsense words that sounded completely different.

The brain readings showed that the dogs could distinguish between words they knew and the nonsense words, but their brains didn't differentiate between familiar words and similar-sounding words—"sit" and "sut," for example. Dogs, like very young humans, don't pay attention to all the sounds of a word. In children, this short attention span disappears as they learn to process different words and expand their vocabulary, at 14–20 months of age. Dogs, however, never progress beyond this point, and learn only about 165 words during their lifetimes.

SPEED BUMP

Dave Coverly



Follow These Not-So-Secret Secrets For Success

A successful career takes hard work, but the secrets aren't very mysterious. You can reach your goals with focus and determination—and this advice from *The Seattle Times*:

- **Pick one positive quality to emphasize.** Assess your strengths and decide which one suits you best. Choose tasks and assignments that let you show off that aspect of yourself. People will associate you with your strongest ability and call on you when they need it.
- **Always have a Plan B.** Not all of your plans will succeed. Although you've got to make your best effort, don't assume everything will go right. Anticipate obstacles and have a fallback option. This will help you stay one step ahead of potential setbacks.
- **Be reliable.** Always finish what you commit to, without excuses. People want to depend on you, and when they know you're going to follow through, they'll call on you more often.
- **Act ethically.** When you're asked to do something unethical or dishonest, decline politely but firmly. Most people will back off in the face of a clear "no." If not, you may be in the wrong job or working with the wrong people.
- **Treat everyone with respect.** From the janitor to the CEO, show everyone the same degree of respect you expect for yourself. You never know whose assistance you'll need, and being nice to people is a good investment in your future.
- **Don't be afraid to ask questions.** If something is unclear, ask for clarification. You'll get in more trouble for making mistakes due to misunderstanding an instruction than by asking questions up front.

"Don't let anyone rob you of your imagination, your creativity, or your curiosity. It's your place in the world; it's your life. Go on and do all you can with it, and make it the life you want to live."

—Mae Jemison

Keep Older Loved Ones Engaged During Difficult Times

We worry about our children during the pandemic, but that doesn't mean we should forget our older loved ones. Many are isolated and lonely, which can lead to depression and other health problems. Here's what *NPR* says to keep their spirits up:

- **Stay in touch.** Call them as often as possible. Talk about what you're doing, what makes you happy or sad, and what they're up to. Ask for their advice. This lets people know you're thinking about them.
- **Have a virtual dinner.** Schedule a shared meal via Zoom or another app. Cooking and eating together, even in different houses, can create a feeling of togetherness. Try watching TV shows together, too.
- **Connect to their interests.** Find out what they like to do and share it. If an older loved one likes books but has eyesight troubles that make reading difficult, offer to read a book to him or her, or set up a deal for audiobooks they can listen to.
- **Ask for help.** Just because people are older doesn't mean they're helpless. Often they have useful skills. Ask for recipes of family favorites. Encourage them to sew masks for the family.
- **Go for a walk or drive.** If they're able to go out, take a weekly walk together, or go out for a drive—with proper precautions like masks and social distancing, of course.

Decrease Financial Stress For The New Year

As we begin the new year and the COVID-19 pandemic continues, most of us are worried about money. It's a stressful time, but you can take steps to ensure your financial survival. The *CNB Select* website has this advice:

- **Make minimum payments.** You don't have to pay off debts in whole while your situation is uncertain. Low-priority debts like credit card and student loan bills won't have an immediate impact on you or your family if not paid off right away. Just remember to make the minimum payment to stay current and keep your credit rating healthy.
- **Find new forms of comfort.** Get out of the habit of buying things to make yourself feel better. Find new routines that help you feel in control of your life—making the bed each morning, dressing as if you're going to work even if you're working from home, exercising, doing artwork, or chatting with friends via Zoom. You'll reduce stress while also cutting your outgoing expenses.
- **Enhance your financial savvy.** Use the pandemic as an opportunity to manage your money better. Take a look at what you're spending and find expenses you can eliminate, like that latté from Starbucks every morning or all those cable channels. Once you have a better handle on your spending, you'll make better decisions and be able to save money for your emergency fund.

"You have to be odd to be number one."

—Dr. Seuss

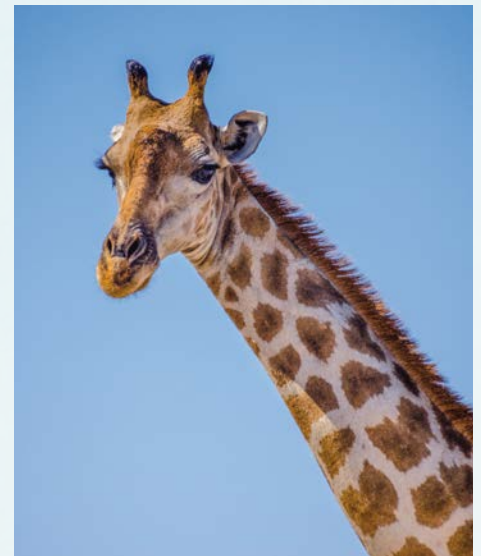
Bringing Top Talent To The Table

Hiring the right people is essential to your organization's long-term success. You have to be picky. Here are the people to look for, according to *Forbes*:

- **Fierce negotiators.** Candidates who know what they're worth and are capable of making a case for themselves usually turn out to be powerful performers. Don't shy away from them. You want confident employees on your team.
- **Self-aware individuals.** Good employees know how they come across to other people and where they fit into the workplace and culture. Look for evidence of attention to others, empathy, and a willingness to encourage people.
- **Courageous people.** You want people who are comfortable taking risks, who choose courage over comfort. Ask about challenges they've confronted, obstacles they've overcome, and problems they've solved, as well as failures they've had to deal with. This should give you a good idea of their desire not to always play it safe.
- **People who add to your culture.** Go beyond looking for a "good fit." Seek out candidates who bring something different and new to the table. They may come from different backgrounds or have unconventional experience, but the best people will contribute to your organization in new and exciting ways.
- **Curiosity seekers.** Your organization needs creativity and innovation, so target candidates who ask lots of questions about your organization and industry and who don't blindly accept the status quo. The best questions include, "Why are we doing this?" and "Why don't we try that?"

"Some failure in life is inevitable. It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all—in which case, you fail by default."

—J.K. Rowling



Brain Teasers

Q: According to Greek mythology, who was the first woman on Earth?

A: *Pandora*

Q: Which singer's real name is Stefani Joanne Angelina Germanotta?

A: *Lady Gaga*

Q: Where were the Declaration of Independence, the Constitution, and the Bill of Rights stored during World War II?

A: *Fort Knox*

Q: Which two U.S. states don't observe Daylight Savings Time?

A: *Arizona and Hawaii*

Q: Which mammal has no vocal cords?

A: *The giraffe*

Q: What was the first toy to be advertised on television?

A: *Mr. Potato Head*

Q: Which of William Shakespeare's plays is the longest?

A: *Hamlet*

Q: Before the Beatles were formed, John Lennon, Paul McCartney, and George Harrison were originally members of which group?

A: *The Quarrymen*

Q: What country won the very first FIFA World Cup in 1930?

A: *Uruguay*

Q: Which two countries share the longest international border?

A: *The United States and Canada*

Q: How many hearts does an octopus have?

A: *Three*

—Thought Catalog



Stratford, Connecticut

Kubtec Medical Imaging

The ABE team recently completed a 20,000-square-foot project for Kubtec Medical Imaging in Stratford, Connecticut, a manufacturer of high-resolution cabinet x-ray imaging and irradiator systems. This design-build project involved a restoration after a fire destroyed more than half of the existing building.

ABE worked hand-in-hand with the project's general contractor, Bismark Construction, as well as Wiles Architects and Kubtec owners, to complete this project. Despite a tight budget, we were able to help provide Kubtec with a Class A office space both on time and on schedule.

"All-Brite Electric did a fantastic job working and providing an incredible project. They had many design and budget issues throughout this project but once again they proved that they were a great team player to work with."

— Jeff Raucci, Senior Vice President



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Thank You and Congratulations!

All-Brite Electric would like to thank the following employees who gave up spending Christmas day with their families to help United Illuminating get power restored to many customers in Connecticut.

We know that this was not an easy day to give up, but I'm sure that every person whose power you helped restore were very grateful. Thank you for saving the day for many people and being All-Brite's 2020 Christmas Heroes! Great job guys!

Kirk Anderson
Chase Annuzzi
Lloyd Balogh
Vinny Bernardo
Maurice Davies
Youssef Elkharraz
Mike Ferraiola

Jason Holmes
Semir Imetovski
Vincenzo Piscitelli
John Richard
Matthew Sabino
Armin Serifoski

Perfect Attendance

All-Brite would also like to recognize three of our employees who did not miss a day of work in 2020. Thank you all for your dedication!

Alberto Suarez
Mike Syers
Matt DiGiovanni

A New Addition To The All-Brite Family

The All-Brite family welcomed a new member in 2020. Congratulations to Mike and Casey Syers on the birth of their son William (Liam) on November 18, 2020. Weighing 8 pounds 4 ounces and 21.25 inches long, may your son fill your life with joy and love!



24-Hour Emergency Service, Call 203-937-7211